

# Rythmic Exercise

These exercises will help you understand better the idea of accent changing in a certain rythmical pattern. All the exercises are written for a 4/4 pattern which is the most common, but can be applied to any rythm.

In Indian Music these exercises are called DaRe or DaRi -

Da will be the strong stroke (down stroke on plucked instrumets) , and Re will be the soft stroke.

In the following notation the low D will be DA (strong stroke) and high D will be RE (soft stroke).  
The first note in each group of 2 or 3 should be accented.

In a cycle of 4 beats one can play 8 , 16 ,32 (etc...) notes depending on the speed.  
here we will work on 8 and 16 notes subdivisions.

Subdivision of 8

DaReDa, DaReDa, DaRe  
3,3,2

DaReDa, DaRe, DaReDa  
3,2,3

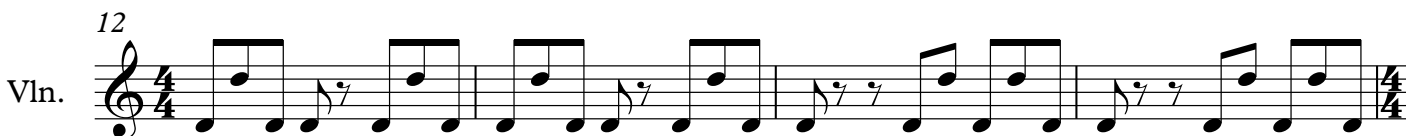
DaRe, DaReDa, DaReDa  
2,3,3



Applying gaps in a 3,3,2 pattern



Applying gaps in a 3,2,3 pattern



Combination of different patterns (3,3,2 + 3,2,3)



After practicing those exercises , one can start using melodic phrases with the rythmical patterns. The idea is to seperate the right hand from the left hand , and by that playing in a rythmical way without thinking about it and without loosing the freedom one needs in order to improvise.

The next level will be subdivisions on 16 notes. Here the options are many and we will work on few patterns only. My recomendation is not to practice many different subdivisions , but rather concentrate on one or two and by using gaps and breaks find the way to create melodic phrases.

The biggest chalange when aproaching rythmical playing is to keep it sweet and simple - and not "music for musicians".

16 notes subdivision - 5 + 5 + 3 + 3

20


Vln. 

Using gaps in a 5,5,3,3 pattern

21

Vln. 

22

Vln. 

16 notes subdiviion - 7 + 7 + 2

23

Vln. 


16 notes subdiviion - 7 + 7 + 2 with gaps

24

Vln. 


16 notes subdiviion - 7 + 6 + 3

25

Vln. 

16 notes subdiviion - 7 + 6 + 3 with gaps

26

Vln. 

16 notes subdiviion - 3,3,3,3,4

27  
Vln.

16 notes subdiviion - 3,3,3,3,4 with gaps

28  
Vln.

Combination of different patterns :  
7,7,2 + 7,6,3 + 5,5,3,3 + 3,3,3,4

29  
Vln.

30  
Vln.

31  
Vln.

32  
Vln.

33  
Vln.

34  
Vln.